

Initial Email

Subject line: Call for participants: Moral Distress and Well-Being in Health Care Workers



Call for Participants Moral Distress and Well-Being in Health Care Workers During the COVID-19 Pandemic

The MacDonalD Franklin Operational Stress Injury (OSI) Research Centre (located at Lawson Health Research Institute) is conducting a longitudinal online study to examine moral distress and well-being in health care workers during the COVID-19 pandemic.

Moral distress is the psychological distress following an event that may conflict with deeply held personal moral values. We are looking to understand moral distress with relation to your experiences, well-being, and perceptions of health care in the wake of COVID-19.

Participation in this study includes: 1) **baseline survey**: completing a set of online self-report questionnaires based on your personal availability (you may complete either a short-form version, taking roughly 10 minutes, or a longer version if you have the time, taking roughly 15-20 minutes), and 2) **follow-up surveys**: completing a set of online self-report questionnaires that take roughly 15 minutes at 3-month intervals (up to 18 months). Participation in this study is entirely voluntary and your responses will remain confidential. This is an academic research study and your decision on whether or not to participate will not impact your employment status in any way.

Please use the following link to begin the study. Clicking this link will direct you to the letter of information where you can find more detailed information about the study, what your participation entails, the risks and benefits of participation, how your information will remain confidential, and be stored and used in our research. The survey will begin after the letter of information. Please note that this link will no longer work once 3 months have passed.

You may open the survey in your web browser by clicking the link below:

<https://redcap.lawsonresearch.ca/surveys/?s=CWHHJAXF8Y>

If you are aware of other health care workers who might be interested in participating, then please forward this recruitment email so that they can also participate.

If you have any questions or concerns regarding the survey, you may contact the MacDonalD Franklin OSI Research Centre at osiresearch@sjhc.london.on.ca. Principal Investigator: Dr. J. Don Richardson.

Thank you for your support.